

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# NOVEMBER 2013

**Emmitsburg Senior Center**

**301-600-6350**

**Kreeger Museum  
Trip  
Friday Nov. 8<sup>th</sup>  
Leave @9:15am**

**Breakfast 8-9**

**Elly/Medicare  
Appointments**

**Art class @ 1:30**

**Breakfast 8-9**

**Strength  
Training@10**

**Bring food item**

**Nutrition  
Minute@11:30**

**Bridge & '500'  
@12:30**

**Strength Training  
@10**

**Pinochle@12:30**

**Game/Fact or  
Fiction**

**Canasta @ 12:30**

**Cards,games  
&puzzles**

**Canasta @12:30**

**(Tuesdays)  
Please bring a  
food item for  
Thanksgiving  
Dinner Basket**

**Adapt Your  
Home to Age in  
Place program @  
FSC  
9-12  
Transportation  
available**

10

**CLOSED**

Veterans Day (US)  
Remembrance Day (Canada)

11

**Breakfast 8-9**

**Strength  
Training @10**

**Bring food item**

12

**Speaker Gail  
Lawrence  
What is  
Neuropathy@12**

**Popcorn Bingo**

13

**Strength  
Training@10**

**Pinochle@12:30**

14

**Cards,games &  
puzzles**

**Canasta @12:30**

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**Marian Koshland  
Science Museum  
Trip  
Friday Nov.22<sup>nd</sup>.  
Leave @ 9am**

**Breakfast 8-9**

**Elly/Medicare  
appointments**

**Art class @ 1:30**

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**Breakfast 8-9**

**S.Training @ 10**

**Organ donation  
Ask Nurse Steve**

19

**Bridge & '500'  
@12:30**

20

**Strength  
Training@10  
Mobile  
Information and  
Assistance 10-11  
Pinochle @ 12:30**

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**Cards,games &  
puzzles**

**Canasta @ 12:30**

23

24

**Breakfast 8-9**

**Elly/Medicare  
appointments**

**Art class @ 1:30**

25

**Breakfast 8-9**

**StrengthTraining  
@10**

**Deliver Food  
Basket**

26

**(Thanksgiving  
Trivia &  
Reflections)  
Bingo  
Bring item for  
turkey dinner**

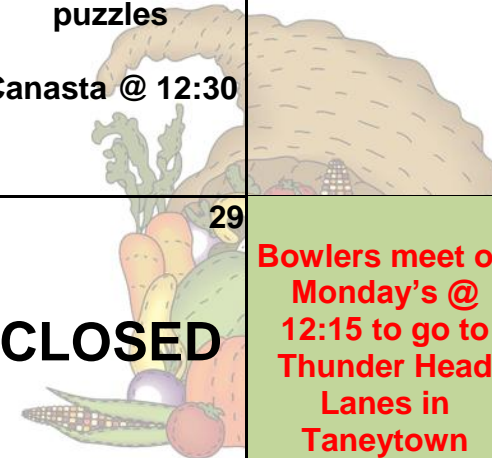
27

**CLOSED**

First Day of Hanukkah  
Thanksgiving Day (US)

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**CLOSED**



**Bowlers meet on  
Monday's @  
12:15 to go to  
Thunder Head  
Lanes in  
Taneytown**